

Don't Forget to Set Clocks BACK
Before bed – Sat. Nov 6

Sheffield Kiwanis Harvest Brunch
To benefit New Senior Center
Sunday, November 14, 10-1

Sheffield Senior Crier

PO Box 327
Sheffield, MA 01257

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Don't Forget to VOTE! Tues. Nov. 2
Ride available to the Polls
CALL US – 229-7022

Happy Thanksgiving!

Mission Statement ...to facilitate seniors' ability to live independently and enjoy a high quality of life...to provide life-enriching activities, relevant information on all issues that affect them, and assist them in obtaining any services necessary to their well-being.
(Published in part with funding from Executive Office of Elder Affairs)

Sheffield Senior Crier

News from the Sheffield Senior Center, Dewey Memorial Hall
(Published in part with funding from Executive Office of Elder Affairs)

Hours: Mon-Fri, 9-2:30 John-Arthur Miller, Director Telephone 229-7022 Barbara Fletcher, Assistant Director

November '10 Calendar of Events

Election Day – call Senior Center for ride to polls	Tues, Nov. 2, 7-8
Disabilities Resources Fair at Mt. Everett High School	Wed, Nov. 3, 3-7
Daylight Saving Time Ends – set clocks back 1 hr	Sun, Nov. 7, 2AM
Council On Aging Meeting – at Town Hall	Mon, Nov. 8, 5:00
2 nd Thurs. Lunch – Pot Luck Program: "Life, Language and the Pursuit of Happiness, Ernest Hemingway Alive!"	Thur, Nov. 11, Noon
Sheffield Kiwanis Harvest Brunch – Fundraiser for Senior Center at American Legion(see article)	Sun, Nov. 14, 10-1
Happy Thanksgiving! Senior Center closed	Thur, Fri, Nov.25, 26
TV Viewing of Sheffield Board of Selectmen Meeting	Tuesdays, 12:30
Physical Fitness/ Exercise Class	Tuesdays & Thursdays, 9-10
Wii Bowling (regular times, but anyone can drop in anytime to try it!)	Tuesdays & Thursdays, 9:00
“Lawn Chair Movie Tuesdays”	Tuesdays, 11:30 at Dewey Hall
“Clare Teague Movie Mondays”	Mondays, 12:00 at Claire Teague
FREE Senior Swim at Berkshire South	Mondays, 1-2
Knitting Together (creating prayer shawls at Episcopal/Lutheran Church)	1 st Wed. 3:00; 3 rd Sat. 11:00 (Nov 3) (Nov 20)
Mt. Everett Culinary Restaurant (see article)	Wednesdays 9:30-1:30
Library Knitting Group (another knitting option at the Library) (beginners welcome-always someone there to help)	Wed. Evenings 6-8
Meals on Wheels	Weekdays except Holidays

*Sheffield Senior Crier is regularly posted on the town website (www.sheffieldma.gov)
and on the Dewey Hall Community Bulletin Board. Weekly updates of activities can be found in the
Senior Bulletin Board section of the Monday edition of the Berkshire Eagle.*

COA Director Thoughts:

It is time for all to exercise your right and responsibility. VOTE on Tues, November 2. The Senior Center will provide a ride to the polls if needed. Polls are open 7AM to 8PM. As always I urge you all to inform yourselves regarding the candidates, and, in this case, especially the consequences and potential impact of Ballot Question One, Two, and Three. Most senior advocate groups and others, including the following list, are advocating a NO vote on ALL three Ballot Questions. Your vote is your voice.

- All Four Candidates for Governor (Baker, Cahill, Patrick and Stein)
- Habitat for Humanity Chapters in the Pioneer Valley, Cape Cod, Greater Boston, Greater Lowell, the North Shore, Greater Springfield, MetroWest and Greater Worcester
- AARP
- Arc of MA
- Citizens' Housing and Planning Association
- Greater Boston Chamber of Commerce
- League of Women Voters of MA
- Environmental League of MA
- MA Affordable Housing Alliance
- MA AFL-CIO
- MA Association of Older Americans
- MA Association of Realtors
- MA Council of Churches
- MA Council of Human Service Providers
- Progressive Business Leaders Network of MA
- Soldier On/United Veterans of America
- YMCA of Central MA and the North Shore

John-Arthur Miller

Center News

Movie Mondays & Tuesdays in November – FREE!

Mondays at **Claire Teague** – 12:00
Nov. 1 – *Sweet Smell of Success* – 1957
Nov. 8 – *Operation Petticoat* – 1959
Nov. 15 - *Pursuit of Happyness* - 2006
Nov. 22 - *Mrs. Brown* - 1997
Nov. 29 – *Sabrina* - 1954

Tuesdays at **Dewey Hall** – 11:30
Nov. 2 – *Miss Potter* – 2006
Nov. 9 – *The Straight Story* – 1999
Nov. 16 – *Cocoon* – 1985
Nov. 23 – *Marty* – 1955
Nov. 30 – *The Rocketeer* - 1991

Helpful Shopping Tip

1st Tuesday of each month there is 20% off most sales at Rite Aid stores. Check it out!

Luncheon on 2nd Thursday in November

A potluck will be the fare on Veteran's Day, November 11, at the Senior Center. Although Town Offices will be closed and there will be no Meals On Wheels, I hope you will join us at Dewey Hall for food, friendship and a visit from Ernest Hemingway, thanks to a generous grant from the Sheffield Cultural Council. It is FREE. Just bring a dish to pass.

Grand Opening – Mt. Everett Culinary Restaurant

On Wednesdays from 11-1 Sue Petrucci and her Culinary Arts students will be serving delicious lunches at the Eagles Loft as part of their program. The restaurant will feature a different menu of soup, salads, sandwiches, and entree, and dessert each Wednesday at a cost range of \$4-\$8. Seating is limited to around 28, so if possible, please call ahead to reserve a table - 413-229-8734 ext. 114. To go service will also be available with pick-up in Room E-5. Try this “lunch out” option to support the youth of our community!

Disabilities Resources Fair At Mt. Everett

The Sheffield COA will be a participant at this important event on Wednesday, November 3 from 3-7. The Fair will feature agencies, organizations, and businesses that provide services or products for people with disabilities and will be presented by the Town of Sheffield Commission on Disabilities in partnership with the Southern Berkshire Regional School District. Admission is free and there will be lots to see and learn.

Concert Offering at Old Parish to Benefit The Sheffield Good Samaritan Fund

A Freewill Offering at this event on Sunday, November 21 at 2:00 will help area families pay utility bills, or buy food and medicine through this community assistance fund handled by Sheffield churches. The Woods Tea Co, the popular Vermont folk band will have a return engagement in Sheffield for all folks to enjoy music, light refreshment, and camaraderie, while helping your neighbors.

Sheffield Kiwanis Harvest Brunch

Sheffield Kiwanis invites you and your family to a Harvest Brunch, Sunday November 14th, from 10am to 1pm at the American Legion Hall in Sheffield, a community fundraiser to furnish the new Sheffield Senior Center.

The hearty menu features quiches, scrambled eggs, carved ham, homemade breads and fresh fruit. For those who like more lunch items, enjoy homemade Mac & Cheese and cheese platter, rolls and sandwich trimmings. OJ, coffee and tea will be served.

Advance ticket purchases are encouraged. Sears, Silks, Gulotta's and JTC & Son will be selling tickets, as well as Kiwanis members. Tickets are \$10, with a free 50/50 Raffle ticket given to each \$10 ticket holder at the door. For children 4-12, tickets are \$5 and those under 4 eat free. Those purchasing their \$10 tickets in advance are also eligible for a drawing to win gifts worth \$50+.

A silent auction and 50/50 raffle will round out what promises to be a very special event. The silent auction features a wide variety of holiday items, gift certificates, special services and even items for next years garden. The auction's a great way to get a jump on holiday shopping. Kiwanis Holiday Nuts will also be available for purchase.

Sheffield Kiwanis, with a mission of changing the world one child and one community at a time, wants the Sheffield Senior Center to be ready for activities and community use when the doors open in early 2011. Without furnishing, this will be difficult to do. Kiwanis, its event co-sponsors and donors hope you'll mark your calendars right now and buy your ticket for a wonderful Harvest Brunch to support the new Senior Center. Hope to see you there!

Heads Up! Dec.6 Shopping and Fun Before the Holidays

Dawn is planning another day trip! Shopping, eating, and enjoying friends at Mohegan Sun. Try your luck if you wish. Bus will leave Sheffield Town Hall at 8AM and return around 6PM. Cost is \$30 but each person will receive \$15 to “play with” and a \$15 food credit. A paid reservation is due at sign-up no later than Nov. 15. Seats will go fast. Reserve today!