

TOWN OF SHEFFIELD
COUNCIL ON AGING
September 10, 2019
SHEFFIELD SENIOR CENTER
6:30 pm

Board Members Present: Eileen Clarke, Chairperson
David Smith Jr.
Patricia Hardisty
John Gilligan
Dorris Van Deusen
Michelle Harwood
Gillian Hettinger
Sherry Graybeal

Absent: Nadine Hawver

Others Present: Kathie Loring, Executive Director

Chairperson Clarke called the meeting to order at 6:30 pm.

APPROVAL OF MINUTES: Motion to approve the Minutes of July 9, 2019 and August 27, 2019 with a few typical errors was made by Michelle Harwood and seconded by John Gilligan. Approved unanimously.

PROGRAMING & EVENT UPDATE:

Executive Director Loring reported the center events held in July and August.

- Retirement party for Wes Petersen who will be retiring from Meals on Wheels after 19 years to be held on 9/12/19.
- 21 People attended the First Friday Community Meal
- Dinner and a movie was well attended in July
- Bereavement group is still meeting
- Deborah Maia did a 3 week series on Physical Therapy with aging joints. She will do 2 more programs one in October and one in November.
- Drum Circle was well attended, we have been asked to do it again.
- We did have to cancel the Music Mtn Trip no interest in that.
- Ice Cream Social was a great success.
- The Five Wishes talk was held and we may have her come back again.

- Upcoming events – Looking for new trips. Flu shots are coming, SHINE is coming. We will be doing a Paint and Sip in October. Memory writing program. Free Market, Veterans Lunch are all coming in October. Terrarium Program

EXECUTIVE DIRECTOR ITEMS:

- We do need some help with calling Bingo if anyone is able to assist.
- Will also need drivers for meals on Friday as the van is usually booked
- Presented the donations sign for the van. Chairman Clarke and Kathie have spoken with people who are using the service and not making donations. It went pretty well. There are still a few more to speak to. There was general discussion on how full the van is each day/limited hours and manpower. Something to plan for the future may be to add another van and more drivers.
- Update on Assistant to the Executive Director Position – a few applicants – still no interviews held yet. Still hoping for more applicants to choose from.

CHAIRPERSON ITEMS:

Chairperson Eileen asked if the time of the COA meetings was still good for everyone. After some discussion it was suggested the meetings be moved to Tuesdays @ 10AM to be held within the Directors normal workday. Motion to change the time of the COA meetings to 10AM was made by Michelle Harwood, seconded by David Smith, approved unanimously.

FRIENDS ITEMS: Michelle Harwood said the Ice Cream Social was held in honor of Sharon Milukas – attendance of 72 people. Coming up is the murder mystery on September 27th Dinner at 6PM \$5 followed by the show 7Pm. The dinner will be Pasta and meatballs Salad and dessert keeping in the theme of the mystery. Sheffield Fair was a success with about \$500 being raised. Thanksgiving Dinner will be held on November 21st, 50-60 people \$8 price increase from \$5.

MEMBER ITEMS:

Gillian mentioned having a Program for a Matter of Balance. Kathie is working on it. Some conversation on expanding the conversation area. Eileen is hoping that Frank can do a drawing that can be submitted to the Selectmen. This is going to cost money and that will have to come from the town. A question of the size of the exercise class/moving to Legion. Carpeting is difficult to exercise on. All topics come back to funding sources.

PUBLIC COMMENTS:

None were presented.

Next Meeting: November 12, 2019 @10:00 a.m.

John Gilligan moved to adjourn the meeting at 7:13 pm, seconded by Michelle Harwood. The motion carried unanimously.

Respectfully submitted by,

Nadine A Hawver
Member

Documents Reviewed:
Minutes