RECYCLING is happening in western Mass.

Yes, please recycle these papers & containers:

- Clean papers, cardboard, clean pizza boxes, paperboard, greeting cards and gift wrap (no foils or metallics), magazines/catalogs, paperbacks and phonebooks.
- Paper clips, staples and metal spirals are ok.

- Metal cans, foil, milk and juice cartons, glass bottles and jars, plastic bottles, jars, tubs and jugs, clear plastic hinged containers (clamshells), clear plastic egg cartons, clear plastic cups.
- Labels and caps on bottles are ok.

No, thanks:

- Styrofoam™ plastic trays
- Eye glasses
- Light bulbs
- Flower pots
- Plastic cups (color or opaque)
- Automotive fluid bottles
- Plastic bags
- Metal objects
- Cds
- Hangers
- Plastic utensils
- Plastics over 2.5 gallons

*Lists are not all-inclusive

Contact info

Please check www.springfieldmrf.org

or call the recycling hotline at 888-888-0784 ext. 52293 for more detailed information
# The “Yes and No” of Recycling in Western Mass

## YES - emptied, rinsed and unbagged:
- **Aluminum**
  - cans
  - aluminum foil
  - pie pans, “disposable” aluminum trays
- **Steel (tin) cans**
  - Labels do not need to be removed.
  - food and beverage cans (metal lids OK)
  - pet food cans (metal lids OK)
- **Glass**
  - Empty and rinse.
  - Labels do not need to be removed.
  - food and beverage bottles and jars, any color
- **Plastics**
  - Empty and rinse. Plastic caps may be left on.
  - ONLY containers smaller than 2.5 gallons are recyclable.
  - food bottles, tubs, jars: yogurt, cooking oil, condiments, peanut butter, margarine
  - beverage bottles and jugs: water, juice, soda, milk (empty, rinse if possible, put caps back ON)
  - soap bottles: dish soap, detergent, hand sanitizer
  - personal care bottles: hair products, soaps
  - clear plastic clamshells (no black or Styrofoam™)
  - clear plastic cups, clear plastic egg cartons
- **Cartons**
  - Recycle w/containers, not w/paper. Straws go in trash.
  - milk and juice cartons (plastic spout OK)
  - soymilk, soup and drink boxes (remove straws)
- **Paper and Cardboard**
  - Clean paper only. Flatten boxes.
  - “Windows” in envelopes, staples, paper clips, tape all OK
  - newspaper, inserts, magazines, junk mail
  - white, colored, glossy, and construction paper
  - corrugated cardboard
  - pizza boxes (empty: no food, wax paper, etc.)
  - boxboard (i.e. cereal, pasta, tissue: windows ok)
  - gift wrap, gift bags, gift tissue paper, cards (no metallic inks, foil, wire, glitter, batteries)
  - paperback books and phonebooks (covers OK)

## NO - do not place in municipal recycling:
- **aerosol cans**
- **siding**
- **scrap metal**
- **foil-wrapped pouches (kids drinks, fruit, baby food)**
- **pots & pans**
- **tanks of any kind**
- **hangers**
- **scrap metal**
- **paint cans**
- **broken glass**
- **wine corks**
- **dishes**
- **drinking glasses**
- **plastic bags**
- **plastic wrap/cling wrap**
- **cellophane food bags (e.g., candy bars, cookies, pasta)**
- **liners from food packaging**
- **plastic plates**
- **cups: color or opaque**
- **Styrofoam™ (polystyrene):**
  - cups/take-out containers
  - egg cartons
  - packaging, peanuts
  - meat trays
  - holiday lights
- **small items: straws, loose lids, utensils**
- **black plastic**
- **compostable plastics**
- **cookie trays**
- **blister pack packaging tubes:**
  - toothpaste, hair care
  - prescription pill bottles
  - refillable water bottles
- **household chemicals, pesticides, etc.**
- **containers over 2.5 gallons:**
  - 5-gallon pails, buckets,
  - recycling bins, laundry baskets
  - lawn furniture, swimming pools
  - tarps
  - hoses; PVC piping or tubing
  - CD, DVD, VCR tapes/cases
  - syringes, sharps
  - electronics

For more information: springfieldmrf.org