



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| 11:30 Soup & Sandwich 1 1-2 Breath & Movement w/Suzanne 2:15 Decorate the Holiday Tree w/Barbara  | 2 9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art w/Ellen 2:30 Tech Support w/Carlos  | 3 10-12 Crafts with Nan 12 Community Meal w/Vet Support 12:45 Bingo 1 Pitch  | 4 9-10 Exercise With Sandy 10:30 Scrabble CHAIR YOGA 1 Chair Yoga  | 10 Haircuts w/Marsha 10-12 Crafts w/Nan 11-2 Knit & Stitch 12 Community Meal 1 Making Poppy flowers w/ Barbara for the Legion Hall  |
| 8 11:30 Soup & Sandwich  1-2 Breath & Movement w/Suzanne | 9 9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art w/Ellen 2:30 Tech Support w/Carlos 6 Candidate Forum  | 10 10-12 Crafts with Nan 12 Community Meal 12:45 Bingo 1 Pitch 1 Brown Bag  | 11 9-10 Exercise With Sandy 9:30 Blood Pressure Clinic 10:30 Scrabble 1 Chair Yoga  | 12 10-12 Crafts w/Nan 11-2 Knit & Stitch 12 Community Meal 1 Making Poppy flowers w/ Barbara for the Legion Hall  |
| Senior Center Closed 15  | 16 9-10 Exercise With Sandy 9 Foot Nurse  10:30 Mah Jongg 11-2 Art w/Ellen 12 Pizza & a Movie: "Cheaper by the Dozen 2" 2:30 Tech Support w/Carlos | 17 10-12 Crafts with Nan 12 Community Meal w/Vet Support 12:45 Bingo 1 Pitch 5 LEO—Gt. Barr. Brewery  | 18 9-10 Exercise With Sandy 10:30 Scrabble  1 Chair Yoga w/Crystal | 19 10 Haircuts w/Marsha 10-12 Crafts w/Nan 11-2 Knit & Stitch 12 Community Meal 1 Making Poppy flowers w/ Barbara for the Legion Hall  |
| 22 11:30 Soup & Sandwich 12:30 Jewelry Making w/Beth  1-2 Breath & Movement w/Suzanne | 23 9-10 Exercise With Sandy 10:30 Mah Jongg 11-2 Art w/Ellen 2:30 Tech Support w/Carlos  | 24 10-12 Crafts with Nan 12 Community Meal 12:30 Ceramics w/Cindy 12:45 Bingo 1 Pitch  | 25 9-10 Exercise With Sandy 10:30 Scrabble  1 Chair Yoga w/Crystal | 26 10-12 Crafts with Nan 11-2 Knit & Stitch 12 Community Meal 1 Making Poppy flowers w/ Barbara for the Legion Hall  |
| 29 9 MEN'S BREAKFAST 11:30 Soup & Sandwich 1-2 Breath & Movement w/Suzanne  | 30 9-10 Exercise With Sandy 10:30 Mah Jongg 12 Beach Ball/Volley Ball Game & Grinders  11-2 Art w/Ellen 2:30 Tech Support w/Carlos |  |  |  |