

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10 Decorate the Holiday Tree w/Barbara</p> <p>10:30 Bridge</p> <p>11:30 Soup & Sandwich</p> <p>1-2 Breath and Movement w/Suzanne</p> 	<p>9-10 Exercise w/Sandy</p> <p>10:30 Mah Jongg</p> <p>11-2 Art w/Ellen</p> <p>1 Songs to Remember w/ Jeannie Romeo</p> <p>2:30 Tech Support w/Carlos</p> 	<p>10-12 Crafts with Nan</p> <p>12 Community Meal w/Vet Support</p> <p>12:45 Bingo</p> <p>12:45 Pitch</p> 	<p>9-10 Exercise With Sandy</p> <p>10:30 Scrabble</p> <p>10:30 Floral Workshop w/ Hilary</p> <p>1 Chair Yoga</p> 	<p>9 Walking Group</p> <p>10 Haircuts w/Marsha</p> <p>10-12 Crafts w/Nan</p> <p>11-2 Knit & Stitch Social</p> <p>12 Community Meal</p> <p>1 Beach-ball/ Volleyball Game & Ice cream</p>  
<p>10:30 Bridge</p> <p>11:30 Soup & Sandwich</p> <p>1-2 Breath and Movement w/ Suzanne</p> 	<p>9-10 Exercise w/Sandy</p> <p>10:30 Mah Jongg</p> <p>11-2 Art w/Ellen</p> <p>2:30 Tech Support w/Carlos</p> 	<p>10-12 Crafts w/Nan</p> <p>12 Community Meal</p> <p>12:45 Bingo</p> <p>12:45 Pitch</p> <p>1 Brown Bag</p> <p>5 LEO at the FROG</p>  	<p>9-10 Exercise With Sandy</p> <p>9:30 Blood Pressure Clinic</p> <p>10:30 Scrabble</p> <p>1 Chair Yoga w/ Crystal</p> 	<p>9 Walking Group</p> <p>10-12 Crafts w/Nan</p> <p>11-2 Knit & Stitch Social</p> <p>12 Community Meal</p> <p>1 90th Birthday Party</p> 
<p>10:30 Bridge</p> <p>11:30 Soup & Sandwich</p> <p>1-2 Breath and Movement w/ Suzanne</p> <p>Rail & Sail Trip New England</p> 	<p>9 Foot Nurse</p> <p>10:30 Mah Jongg</p> <p>11-2 Art w/Ellen</p> <p>2:30 Tech Support w/Carlos</p> <p>Rail & Sail New England Trip</p> 	<p>CLOSED</p> <p>JUNETEENTH FREEDOM DAY</p> 	<p>10:30 Scrabble</p> <p>1 Chair Yoga w/Crystal</p> <p>Rail & Sail New England Trip</p> 	<p>9 Walking Group</p> <p>9-11 Chair Massages w/Elaine</p> <p>10 Haircuts w/Marsha</p> <p>10-12 Crafts w/Nan</p> <p>11-2 Knit & Stitch Social</p> <p>12 Community Meal</p> <p>Rail & Sail New England</p> 
<p>9 Men's Breakfast</p> <p>10:30 Bridge</p> <p>11:30 Soup & Sandwich</p> <p>1-2 Breath & Movement w/Suzanne</p> 	<p>9-10 Exercise With Sandy</p> <p>10:30 Mah Jongg</p> <p>11 Pizza and a Movie: "Oppenheimer"</p> <p>11-2 Art w/Ellen</p> <p>2:30 Tech Support w/Carlos</p> 	<p>10-12 Crafts with Nan</p> <p>12 Community Meal</p> <p>12:45 Bingo</p> <p>12:45 Pitch</p> 	<p>9-10 Exercise With Sandy</p> <p>10:30 Scrabble</p> <p>1 Chair Yoga w/Crystal</p> 	<p>9 Walking Group</p> <p>10-12 Crafts with Nan</p> <p>11-2 Knit & Stitch Social</p> <p>12 Community Meal</p> 

